

BRUNCH

- S** CONTAINS SOY
- G** CONTAINS GLUTEN
- N** CONTAINS TREE NUTS

100% Plant Based Menu
Tell Your Us About Any Allergies

APPIES

AVOCADO FLATBREAD

Yo! poached vegan egg w/ hollandaise, pumpkin seed ricotta, avocado, hand stretched sour dough flatbread, chili oil, sesame seeds, ninja radish

19 **S G**

+4 FOR GLUTEN-FREE CRUST

BREAKFAST BITES

twelve pizza bites stuffed with evoo, sunflower parm, scrambled eggz, ham, cheddar cheese, they come with two dips of choice

18 **S G**

BREAKFAST FRIES

crispy gf fries or tots tossed in Seitan seasoning, scrambled eggz, ground beef, pickled jalapenos, hollandaise, sunflower shoots

14 **S G**

SEITANS HASH

smashed crispy baby potatoes tossed in seitan's seasoning & tots

7

PULLED PORQ SCRAMBLER

bbq porq, crispy smashed potato's, tots, bell peppers, scrambled eggz, chipotle aioli, green onions, sunflower shoots

18 **S N**

ADD A DIP

pick a dip... any dip
2

PIZZA PIE

MARGHERITA

San Marzano tomato sauce, vegan mozza, EVOO, chickpea parmesan, fresh basil

16 **S G**

+5 ADD Yo! vegan poached egg w/ hollandaise

BREAKFAST PIZZA

hollandaise, tots, scrambled eggz, feta, arugula, salsa verde, bacun parm

22 **S G**

+4 FOR GLUTEN-FREE CRUST

HUEVOS RANCHEROS ZA

chipotle aioli, black beans, srambled eggz, chedda, noocho crisps, valentina's hot sauce, sour cream,

22 **S G N**

+4 FOR GLUTEN-FREE CRUST

COCKTAILS

KIMCHI CAESAR

tito's vodka, tomato juice, kimchi brine, worcestershire, celery salt

9 - 1oz 12 - 2oz **S G**

MIMOSA

parés baltà sparkling white wine (Spain) 3oz, choice of orange juice, mango, passionfruit or lychee

9

RED MIMOSA

Tomato Wheels lambrusco sparkling red wine 3oz, orange juice

11

HANDHELDS

all handhelds come with a side hash & tots or kale caesar

BREAKFAST BURGER

Yo! vegan sunny side egg, brioche bun, seitan cheese burger, garlic aioli, arugula

22 **S G**

CLASSIC VEGAN BENNY

Yo! poached vegan eggs, english muffin, ham or bbq porq, hollandaise, green onions

22 **S G**

+2 FOR GLUTEN-FREE

FRIED CHICKEN BENNY

Yo! poached vegan eggs, english muffin, Seitan's fried chicken, ham or bbq porq, hollandaise, green onions

+2 FOR GLUTEN-FREE

22 **S G**

BREAKFAST BURRITO

black beans, scrambled eggz, cabbage, chipotle aioli, beef crumble, cheddar, wrapped in a flour tortilla, comes with dip of choice

19 **S G N**

CROISSANTWICH

Yo! vegan sunny side egg, king of tarts collab vegan croissant, ham, chedda, hollandaise, arugula

20 **S G**